

# Answers

## **What can you do in one second?**

Blink, sneeze, wave, trip, drop something, scratch and itch, smile, shiver

## **What can you do in one minute?**

Write a sentence, brush your hair, eat a biscuit, fill a water bottle, tie your shoelaces, peel an orange, water a plant, toast bread

## **What can you do in one hour?**

Watch TV, go on a bike ride, paint a picture, go to the supermarket, walk the dog, go swimming, play a board game, bake a cake

## **What can you do in one week?**

Grow a seed, read a whole novel, decorate a bedroom, go on holiday, hatch a chick from an egg